



Sustaining Partner Glen Boudreau from Fraserview Pharmacy presents grant to Rick Prosk from Special Olympics



\$910 to Special Olympics BC – Quesnel for new team golf jerseys

FOUR!!!!

Funded in part by the Alex & Luanne Coffey Family Fund, Special Olympics BC – Quesnel received \$910 for team gold jerseys. At the annual Gala on April 11, Sustaining Partner Glen Boudreau from Fraserview Pharmacy presented the cheque to Special Olympics volunteer Rick Prosk.

SOBC-Quesnel is an affiliated local group within the Special Olympics BC organization. Their mandate is to provide competitive sport training and opportunities to mentally challenged youth and adults in the community. This is done by providing twelve sports programs, offered year-round. For most of these programs, there is an opportunity for athletes who have committed to the sport training to engage in competition within the region and the province. In addition to providing these opportunities to compete, SOBC-Quesnel also provides fitness and strength training through a newly-established "Club Fit" program. Athletes are also provided with information about healthy lifestyles. Their involvement in Special Olympics helps to boost their self-esteem, learn valuable social skills, develop independence, and represent their home community whenever they travel as a team.

The golf program was established in 2011 as an initiative of Kathy Gook, a local golf pro who currently instructs and co-ordinates the school golf program for the BC Golf Association. With support from Ken and Karen Reid, owners of the Quesnel Golf Course, the program expanded from two to five months. . This past fall, Quesnel hosted its first golf tournament with athletes attending from Prince George and 100 Mile House. Many local golfers continue to use the second-hand golf clubs received from local donors. At the tournament, they wore uniforms that had been passed on from the bowling program. These are dated, and ill-fitting for most of the athletes. The new, dri-fit uniforms will present them in a more positive light to their competitors and the community.

For more information on Special Olympics BC – Quesnel, call Rick at 250-992-2741.

